

Dear Colleague,

I'm reaching out to share an exciting NBPAS article in Medical Economics highlighting the monopoly that ABMS holds over physicians through MOC. See [here](#) if you haven't had a chance to read it: Prescribing Insanity: Monopoly in Continuous Board Certification Drives Costs Up and Physicians Out. If you are active on social media, please consider posting and sharing.

As you already know, the issues raised are not hypothetical. Along with 20 other physician-leaders, I founded the National Board of Physicians and Surgeons (NBPAS) inspired by real stories from physicians like you, trapped by a monopoly and fearful of losing their jobs, livelihoods, and careers.

Many of you have expressed an interest in helping to advocate for NBPAS and we have an easy way you can contribute right now. Please consider recording a short video which will help build our peer-to-peer library. We have an ambitious goal of doubling our numbers in 2024 and we need your help.

- Help us spread the word, flood the social airways, and encourage your colleagues to join by recording a quick video testimonial. Here's a few videos to give you some inspiration: <https://youtu.be/bdiZR6m8vKk>

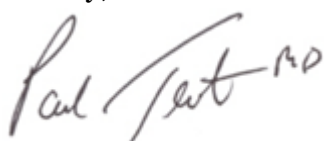
Some suggestions to help:

- Use your cell phone and find a quiet corner of your home, office, or hospital.
- Introduce yourself and tell us what and where you practice
- Tell us why you joined NBPAS and why your colleagues should consider joining
- Finish your video with: "I stand with NBPAS." (Maybe we can start a movement!)
- Email it to [info@nbpas.org](mailto:info@nbpas.org)

Just this month, NBPAS added 15 new hospitals where physicians can now work free from MOC. Please continue spreading the word among your colleagues. Together we are making a difference for today and for every physician who will follow.

I thank you in advance for your support. I stand with NBPAS!

Sincerely,

A handwritten signature in dark ink, appearing to read "Paul Teirstein". The signature is fluid and cursive, with a large initial "P" and a stylized "T".

Paul S. Teirstein, M.D.  
President, NBPAS  
Chief of Cardiology, Scripps Clinic  
Medical Director, Scripps Prebys Cardiovascular Institute